



TeamMED Nepal

About TeamMED



- Est. 2009
- Monash University student-led organization that seeks to **contribute to global health** and **address regional healthcare needs**
- Well established projects in **Nepal, Tonga, Uganda, India and Philippines**

About TeamMED Nepal

- Work in partnership with **Himalayan Guge Organisation (HGO)** to deliver healthcare to remote communities in Nepal (Bhakanje)
 - Not-for-profit NGO
 - *“Promote health-related educational, cultural and community interventions in the Himalayan region of Nepal”*
- Run annual health camps in remote communities
- Established permanent health clinic in Bigu Gompa (entirely self-sufficient as of 2018!)



Our partner community - Bhakanje

- A part of the Solukhumbu District (northern part has Mt Everest)
- **10hr bus trip + 4 day hike** from Kathmandu
- Heights of upto **4000m**
- **No healthcare facility** and too far to go to Kathmandu



What the team has achieved so far

Pre-2020

- 5 day health camps in Bigu, Dolakhu, Soloban and Solokumbha

2020

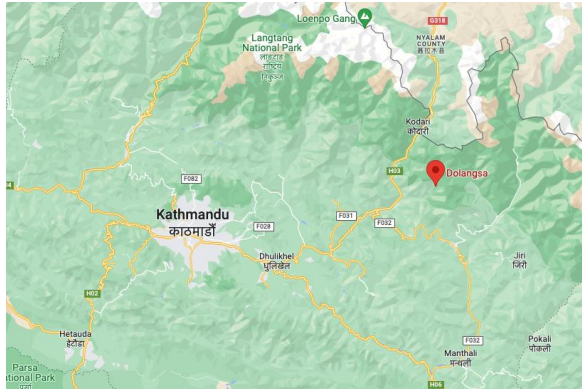
- Raised over \$6000
- Purchased obstetric equipment and medications that were transported to Bhakanje

2021

- Fundraised \$8211
- \$3200 went towards equipment for Bhakanje
- \$2000 to India-nepal covid relief fund
- \$3000 to HGO - education scholarships

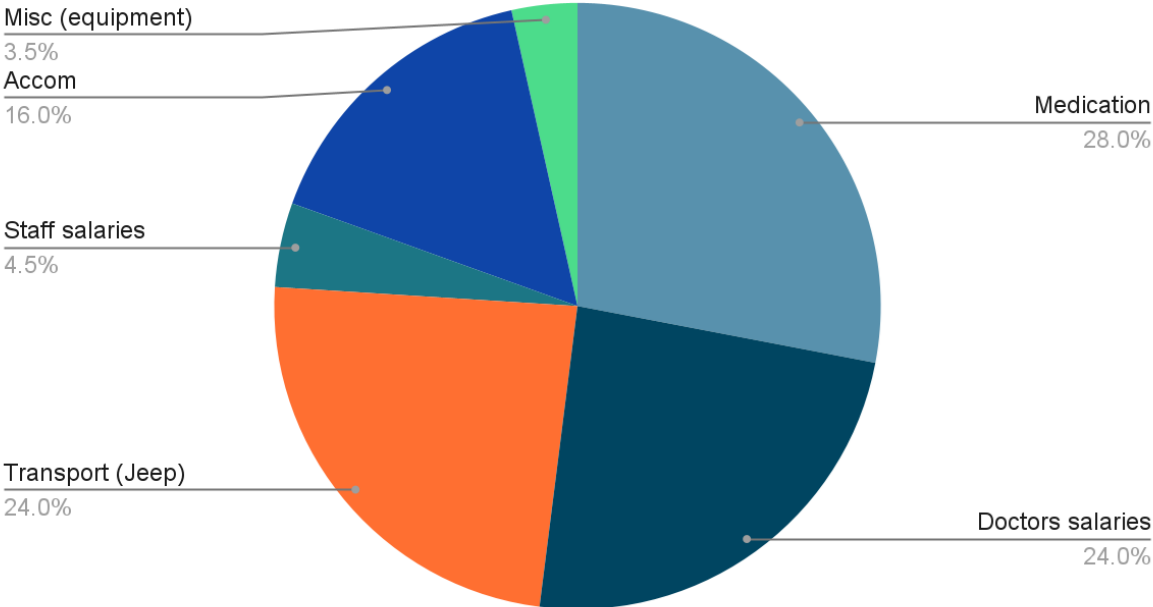
2022 Achievements

- Raised \$4027 funds to support **free health camp** at Dolangsa
 - Reason: Remote location = lack of healthcare access
 - Provided free medical consultations, therapies, moxibustion, cupping therapy, injections and sorig herbal medications
- **Attended by 247 patients from 4yo to 100yo**



Fund breakdown

Points scored



Our plans for this year and beyond

- **Goal:** Replicate the success in Bigu and establish a local, self-sufficient health post and birthing centre in Bhakanje
 - Spreading awareness of the healthcare needs in the community
 - Fundraise to purchase medical supplies and equipment
- December 2023 (2 weeks)
 - Purchase medical supplies with funds raised in Kathmandu
 - Bus ride + 4 day hike to Bhakanje with medical supplies
 - **5 day health camp** (under the supervision of Nepalese doctors and nurses)
 - Supplying community with medical supplies (e.g. birthing kits, stethoscopes, first aid kits)


What your donations will go towards

- Medications e.g. antibiotics, pain medications (given to patients free of charge)
- Medical supplies (BP cuffs, thermometers, birthing kits) to leave with community
- Sponsoring local Nepalese doctor and nurses
- Fund trekking guides + sherpas to help transport supplies
- Future operation of permanent local clinic in Bhakanje


Students self fund **all expenses** and all donations will go towards addressing the needs of the community

A note from Neha





Thank you
Rotary Club of
Beaumaris





THANK YOU!

