



## ROTARY CLUB OF BEAUMARIS WEEKLY BULLETIN

Edition 2 24 July 2023

### President's Message

In addition to our regular Thursday night meeting, we have less formal social meetings of the club. The **Monthly Friday Lunch** is now open to members, honorary members and partners. Trish Yates sources interesting places to eat where the meal and glass of wine is available at a reasonable cost.

We also have a weekly **Happy Hour** at Onyx, 13/328 Reserve Road Cheltenham. There is a regular group of 10-12 people who meet for drinks between 4-6pm on Fridays and topics are wide ranging. Last Friday the topic was:

*"How many members of RCOB were born in the UK?"*

Chris D'Arcy accessed Club Runner and we counted 13 of our 39 members and 3 of our 12 honorary members as being born in the UK. That's close enough to 30%! In addition, it seems two members were born in the same hospital in Essex.

We had a fascinating talk by the Monash university medical students of TeamMed Nepal on Thursday night. Established in 2009 TeamMed works with the Himalayan Guge Organisation to deliver healthcare to remote areas of Bhakanje, Nepal. They run health camps and have established a permanent health clinic in Bigu Gompa. Our funds have been used productively and it was inspiring to hear Rachel Chen talk of her commitment to Global Health.

This week's speaker is Sandra Cavallo from Matt's Place, a charity we have been supporting over many years. We will hear about current projects and the increasing need in our community to help those who are skipping meals due to financial hardship, and those who are homeless. In the Chair is Soula Deville who is a volunteer at Matt's Place and our representative. Please come along to support this essential service.

Also check out the website update under Zone to read about the advances in Regionalisation.

We are still looking for people to attend **The Highlands Foundation High Tea** on Sunday August 27<sup>th</sup>. See the announcement in the next pages.

Have a great week.

Denise Grocke

Beumaris  
Rotary



### Next Meetings

**Thursday 27 July**

**Speaker: Sandra Cavallo**

**Topic: Matts Place & other projects**

Chair: Soula Deville

Attendance: Julie Reith, Jim O'Brien

**Thursday 3 August**

**Speaker: Malcolm Peck**

**Topic: The Bushmaster**

Chair: Ken Mirams

Attendance: Mary Sealy, Roy Seager

**Thursday 10 August**

**Speaker: Max Manks, Mark Perelaer**

**Topic: Visit to Sabu**

Chair: John Sime

Attendance: Clem Quick, Richard Potter

Venue is VGC, 6:30 for 7:00 unless otherwise noted.

Hybrid by request. See page 2.

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# Future Events Calendar

**Calendar of Future Events. For more details click on links to Club Calendar below.**

27	JUL, THU	● 6:30 – 8pm	Beaumaris Rotary Meeting: Bayside Community Care Victoria Golf Club
28	JUL, FRI	● 4 – 6pm	HAPPY HOUR, 4 TO 6 Onyx Cafe, Restaurant & Bar
3	AUG, THU	● 6:30 – 8pm	Beaumaris Rotary Meeting: The Bushmaster Victoria Golf Club
4	AUG, FRI	● 4 – 6pm	HAPPY HOUR, 4 TO 6 Onyx Cafe, Restaurant & Bar
8	AUG, TUE	● 6 – 7:30pm	RCOB Board Meeting TBA
10	AUG, THU	● 6:30 – 8pm	Beaumaris Rotary Meeting: Sabu Visit Victoria Golf Club
11	AUG, FRI	● 4 – 6pm	HAPPY HOUR, 4 TO 6 Onyx Cafe, Restaurant & Bar
17	AUG, THU	● 6:30 – 8pm	Beaumaris Rotary Meeting: DG Visit Victoria Golf Club
18	AUG, FRI	● All day ● 4 – 6pm	Warracknabeal Fellowship Weekend (Day 1/3) HAPPY HOUR, 4 TO 6 Onyx Cafe, Restaurant & Bar
19	AUG, SAT	● All day	Warracknabeal Fellowship Weekend (Day 2/3)
20	AUG, SUN	● All day	Warracknabeal Fellowship Weekend (Day 3/3)
24	AUG, THU	● 6:30 – 8pm	Beaumaris Rotary Meeting: Fellowship TBA TBA

Beaumaris  
**Rotary**  
Calendar



Calendar QR code



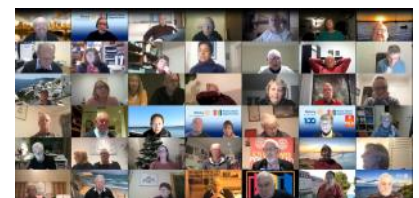
## Hybrid by Request Login

Future Hybrid Meetings will only be available on request.

So if you want to login to a meeting please advise Roy Seager at least 24 hours before the meeting.

To login just click on the image to the right and follow the prompts.

You can test run this beforehand if you wish. Just remember to end your session.



## Fact-Finding Trip to Sabu and Kupang

Members Mark, Max and Geoff recently returned from a fact-finding trip to Sabu and Kupang, to look at how our contributions have been used, what condition things were in, and what is still needed. Accompanying them were friends of Rotary Greg Davis, Hayden Stockdale and Chris s'Ferrazza.

IN Sabu we met with Pastor Franz and current students at the hostels and distributed small gifts. We also met with former students Maria N (a nurse-midwife) and Tesa (a teacher) who you will remember from the Sabu update on our website.

We journeyed from Seba over rough roads to visit several schools in the rural south of Sabu, where we had helped in the past. On the way, it was hard to miss the rice crops sitting in parched fields – the result of another half-hearted monsoon.

At Mahona Elementary School where we replaced the cyclone-damaged water tank last year, it was great to see the new one installed and connected to the nearby well. And we were able to meet with two of the teachers there, and noted what other things needed attention.

At another location we were shown two more damaged tanks, one of which had been moved several metres by the cyclonic winds and was shattered at the top and badly cracked near the base.

On our return to Kupang we visited all three tertiary student hostels: Air-mata hostel (15 boys) Walikota (29 girls) and Penfui (56 girls) where we inspected the new upper storey. We took extensive notes of remaining student furniture and equipment needs at all three and flagged some maintenance issues. We also met with several members of the Yayasan (Foundation) team.

As the end of the Rotary year approached, great detective work by Richard Potter established that some District Grant funds were still available.

From our notes we were able to select the priority needs to compile a “shopping list” of furniture and equipment for the students in Kupang: a number of additional bunk beds, mattresses and wardrobes, individual study desks at Penfui girls hostel, larger group study tables and a water-tank and Wi-Fi-printer at Wali-kota girls hostel. This list accompanied a district grant application for \$2,500 submitted a few days after the team returned to Australia which was approved on 23<sup>rd</sup> June. AUD\$5,000 was sent to Sabu on 29<sup>th</sup> June.



Greeted by Pastor Franz and Tarsy at Seba airport.



Meeting in Sabu with Pastor Franz, Tarsy, current students and former student (and nurse) Maria N.



Agus and students at Walikota girls' hostel, Kupang

## Royal Flying Doctor Vic update.

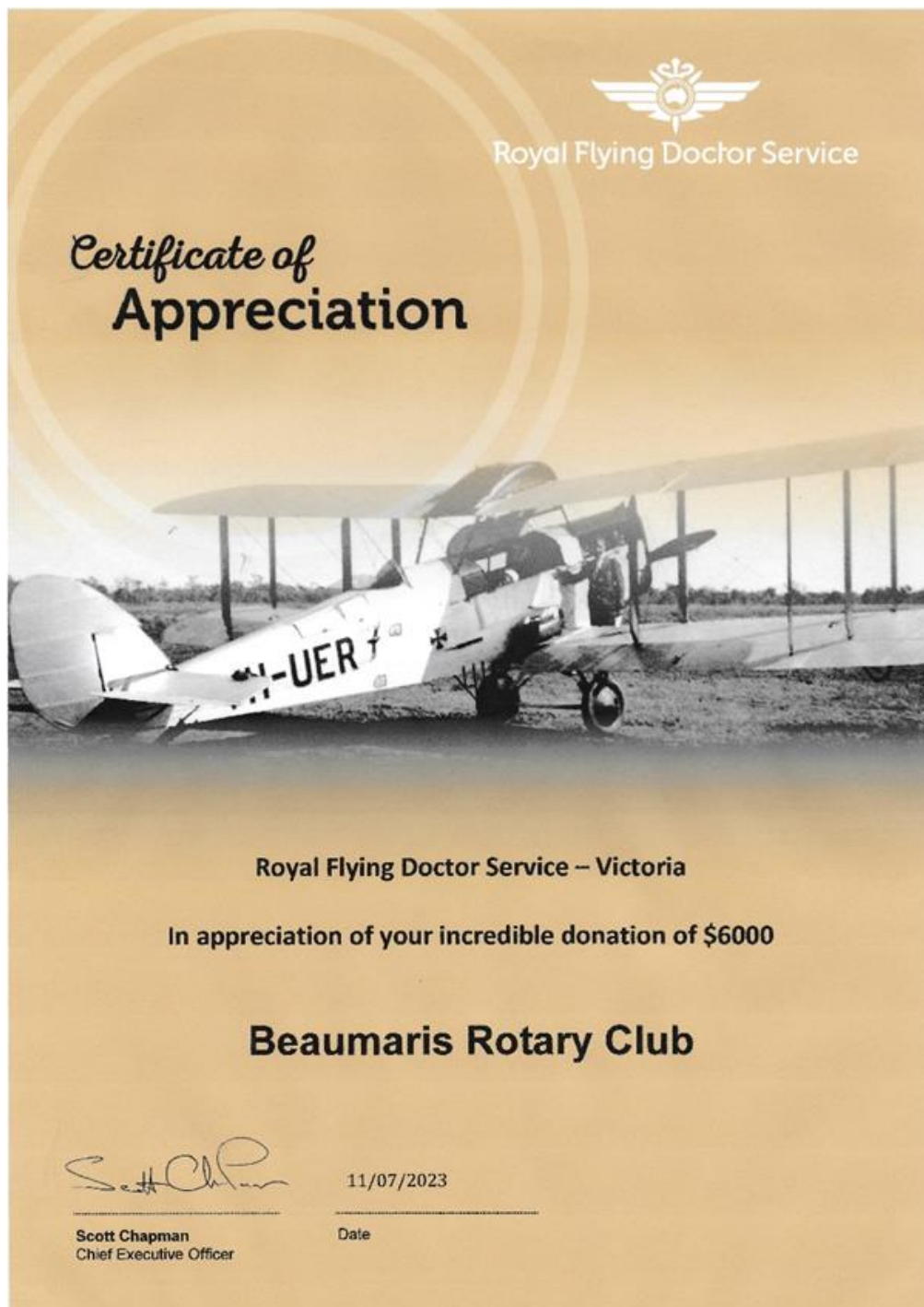


You may recall that my “partners project” for 2022 – 2023 was collecting for the Royal Flying Doctor Service Vic (RFDS).

With the help of members and friends we managed to reach my target of \$6,000. The funds were paid to RFDS on 20th June. Here is a certificate from RFDS.

My thanks again to everybody who helped raise this impressive sum.

**Heather D’Arcy**



## District Conference 2024



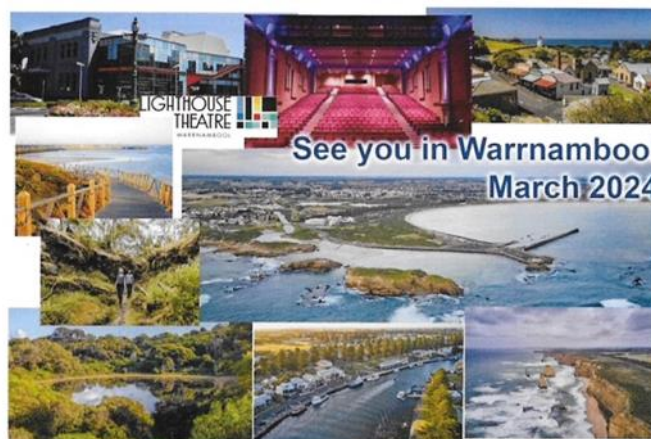
- Conference and event information on District 9810 website.

<https://9810rotary.org.au/50071/Page/Show?ClassCode=Page&Slug=conference-2024-warrnambool>

- Booking opened 24<sup>th</sup> July, Trybooking link via conference page on the District website
- Club accommodation booked at Best Western Olde Maritime Motor Inn.
- Dinner on Thursday 21<sup>st</sup> at Pippies by the Bay for those interested.  
Easy walk from accommodation.
- Club Dinner Friday 22<sup>nd</sup> March at Clovelly Restaurant and Bar.  
Very easy walk from accommodation.
- Gala Dinner 23<sup>rd</sup> March at Brother Fox on the Deakin University Campus.

<https://food.deakin.edu.au/wb/service/brother-fox>

- Dinner theme Masquerade Ball



Chris D'Arcy  
On to Conference Chair

# Speakers Reports

## Speakers: Rachel Chen

### Topic: Update on TeamMED Activities

Rachel Chen, a fourth-year medical student from Monash University gave an update on TeamMED activities supporting health needs in Nepal. She was an excellent speaker and answered all questions with great authority and depth. The following is an outline of her talk.

#### About TeamMED Nepal

Est. 2009

Monash University student-led organization that seeks to contribute to global health and address regional healthcare needs.

Well established projects in Nepal, Tonga, Uganda, India, and Philippines

Work in partnership with Himalayan Guge Organisation (HGO) to deliver healthcare to remote communities in Nepal (Bhakanje)

Not-for-profit NGO

“Promote health-related educational, cultural and community interventions in the Himalayan region of Nepal”.

Run annual health camps in remote communities.

Established permanent health clinic in Bigu Gompa (entirely self-sufficient as of 2018!)

Our partner community - Bhakanje. A part of the Solukhumbu District (northern part has Mt Everest)

10hr bus trip + 4-day hike from Kathmandu. Heights of up to 4000m

No healthcare facility and too far to go to Kathmandu.

#### What The Team Has Achieved So Far

Pre-2020

- 5-day health camps in Bigu, Dolakhu, Soloban and Solokumbha

2020

- Raised over \$6000.
- Purchased obstetric equipment and medications that were transported to Bhakanje.

2021

- Fundraised \$8211
- \$3200 went towards equipment for Bhakanje.
- \$2000 to India-Nepal covid relief fund
- \$3000 to HGO - education scholarships

2022 Achievements

- Raised \$4027 funds to support free health camp at



Dolangsa.

- Reason: Remote location = lack of healthcare access
- Provided free medical consultations, therapies, moxibustion, cupping therapy, injections and sorig herbal medications.
- Attended by 247 patients from 4yo to 100yo.

#### Our Plans for This Year and Beyond

Goal: Replicate the success in Bigu and establish a local, self-sufficient health post and birthing centre in Bhakanje  
Spreading awareness of the healthcare needs in the community

Fundraise to purchase medical supplies and equipment.

December 2023 (2 weeks)

Purchase medical supplies with funds raised in Kathmandu.

Bus ride + 4-day hike to Bhakanje with medical supplies

5-day health camp (under the supervision of Nepalese doctors and nurses)

Supplying community with medical supplies (e.g., birthing kits, stethoscopes, first aid kits)

What your donations will go towards

Medications e.g., antibiotics, pain medications (given to patients free of charge)

Medical supplies (BP cuffs, thermometers, birthing kits) to leave with community.

Sponsoring local Nepalese doctor and nurses

Fund trekking guides + sherpas to help transport supplies.

Future operation of permanent local clinic in Bhakanje

Students self-fund all expenses and all donations will go towards addressing the needs of the community.

# Speakers Reports

**Speaker: Cameron Dare**

**Topic: Team Sports 4 All Update**

Cameron gave his usual enthusiastic and informative talk on the latest situation regarding TS4All. Notes from his presentation are covered below.



## Recap

**We believe in the power of sport & sporting clubs to transform the lives of kids.**

- **WHO** - Assist kids from the most financially disadvantaged households.
  - ⇒ Also, the most socially isolated kids in our community – poorer health, education, etc.
- **WHAT** - Fund them to play sport – any sport, any club
  - ⇒ Pay for registration, as well as provide uniforms, footwear, equipment, etc.
  - ⇒ Support them on an ongoing basis through our volunteer team.

**WHY** – Sporting clubs are a Good Gang that they can thrive in.

## What We've Been Up to

- Launched TS4A in the Western Suburbs (Q2 2023) – Wyndham, Werribee
  - ⇒ ABS data = 7,943 kids live in welfare dependent housing (vs Bayside = 575)
  - ⇒ Secured financial backing through Hopper Motor Group

- ⇒ Recruited and trained a Regional Coordinator and core group of volunteers.
- ⇒ First kids commence playing sport.
- Launched and delivered TS4A Challenge Event 2023
  - ⇒ Participation numbers grew from 450 in 2022 to 1,079 in 2023.
  - ⇒ 13 event sponsors (up from 7 in 2023) – including Rotary Hampton & Rotary Peninsula
  - ⇒ \$75,601 raised – up from \$44,000 in 2022.
- Secured office space (\$0 rent) for our team to work together from in Cheltenham.
  - ⇒ Seen referrals per month grow to a new recent all-time high of 35 (Cost of Living)
  - ⇒ Seen kid numbers grow by 30% to 325 (85 in Bayside LGA)
- Welcomed the support of 39 new financial supporters:
  - ⇒ The Phillips Foundation
  - ⇒ The Dyson Foundation
  - ⇒ The Bagot Gjergja Foundation
  - ⇒ Bluff Road Medical Centre

## Next 6 Months...

- Consolidate Western Suburbs launch and establish a strong base there.
- Commence TS4A operations in 3x new regions:
  - ⇒ City of Greater Dandenong (ABS data = 4,049 kids)
  - ⇒ Manningham & Whitehorse (ABS data = (1,078 & 1,378 kids)
- Hire two key resources required for further scale:
  - ⇒ Chief Executive Officer
  - ⇒ Fundraising Event Manager (part-time)
- More kids playing sport...**500+** by the end of 2023!!!

## Church bulletin board

The following appeared in church bulletins or were announced at church services.

The sermon this morning: 'Jesus Walks on the Water.' The sermon tonight: 'Searching for Jesus.'

Ladies, don't forget the rummage sale. It's a chance to get rid of those things not worth keeping around the house. Bring your husbands.

Don't let worry kill you off – let the Church help.

Miss Charlene Mason sang 'I will not pass this way again', giving obvious pleasure to the congregation.

For those of you who have children and don't know it, we have a nursery downstairs.

The Rector will preach his farewell message, after which the choir will sing 'Break Forth Into Joy'.

Irving Benson and Jessie Carter were married on October 24 in the church. So ends a friendship that began in their school days.

Potluck supper Sunday at 5pm – prayer and medication to follow.

The church will host an evening of fine dining, super entertainment and gracious hostility.

At the evening service tonight, the sermon topic will be 'What is Hell?' Come early and listen to our choir practice.

The ladies of the Church have cast off clothing of every kind. They may be seen in the basement on Friday afternoon.

This evening at 7pm there will be hymn singing in the park across from the Church. Bring a blanket and come prepared to sin.

Low Self-Esteem Support Group will meet Thursday at 7pm. Please use the back door.

The Associate Minister unveiled the church's new tithing campaign slogan last Sunday: 'I Upped My Pledge – Up Yours.'

This being Easter Sunday, we will ask Mrs Lewis to come forward and lay an egg on the altar.

Compiled by Max Bowen



## Highlands Foundation High Tea 2pm 27 August

Please purchase your tickets via the link below (dietary requirements catered for )

Please let myself or Denise know if you are attending, and we will request everyone be seated together.

Lynda Douth



Get your friends together and join us at St John's Church in Toorak for an afternoon of delicious cakes, tea, coffee and conversation all to raise funds to support the Highlands Foundation's projects.

Sunday 27th August 2pm - 5pm

Tickets are \$50 per person\*\*. [Purchase tickets here.](#)

You will have the opportunity to purchase raffle tickets and bid at our silent auction (more information to come!)

We will accept credit card, direct deposit and cash on the day.

We look forward to sharing our stories about how we support the health outcomes for women and babies in Papua New Guinea.

Please let us know if you have any items or services that you could donate for our raffle or silent auction.

Email Shan at [highlandsfoundation.donations@gmail.com](mailto:highlandsfoundation.donations@gmail.com) or call on 0407 637 203

\*\*The purchase of tickets is Tax Deductible.

# Links

## Club Program

The forward club program has been uploaded onto the Club Calendar and is available by clicking on the image below or use the QR code below #:

The Calendar is best viewed in Agenda mode.

**PLEASE GIVE THIS LINK A TRY AND LET ME KNOW HOW IT WORKS ON YOUR SYSTEM. LET ME KNOW AT:**

[beaumarisrotary@gmail.com](mailto:beaumarisrotary@gmail.com)



# QR code updated to fix fault.

